

The Holy Spirit Living In Us

We have learned that the Holy Spirit is a part of the Trinity of God. There is God the Father, Jesus the Son, and the Holy Spirit who lives within us. The Holy Spirit is not a piece of equipment but a person – God being up close and personal – speaking, empowering, being a friend, guiding and helping.

Let's chat

We talked last week about the Holy Spirit' power and being a guide. God has given us the Bible to be our map on the journey through life. But sometimes the Bible is difficult for us to understand and it is hard to know the way we should go. God knew that, so He sent the Holy Spirit to be our guide. The Holy Spirit helps us to understand the Scripture and guides us in the right direction. That is what Jesus meant when he told his disciples, "But when the Spirit of truth comes, he will guide you in all truth."

Today we're going to learn a little bit more about what He does.

The Holy Spirit is not for special Christians but for everyone who has set out to follow Jesus. Today, the Holy Spirit shows us His power by giving us spiritual gifts, which are talents we have that can help other Christians. He also guides us and shows us how to live in the way God wants. Everyone who believes in Jesus has the power of the Holy Spirit in them. "The Spirit of the God who raised Jesus from the dead is living in you..." (Romans 8:11a). What a wonderful gift!

You can use the bible references to see what it says about what the Holy Spirit does - he is our guide, teacher, comforter, changer.

- He helps us grow in understanding (provides us with help and guidance) John 14:26
- He teaches us about God's way of Life
- He helps us to understand what we read in the Bible (Luke 24:45).
- He leads us, gives us direction – he doesn't force us John 16:13
- He helps us know what to say. Luke 12:11-13, Romans 8:26
- He gives us strength and understanding to make the changes that are necessary to who we are on the inside – the fruits of the spirit. Our lives will show that the Holy Spirit is with us, because we will live with love, joy, peace, patience, and more. Those things are called "the fruit of the Spirit." (Galatians 5:22–23).
- He helps and comforts – gives us peace, John 14:27, Romans 15:13
- He gives joy Acts 13:52
- He keeps us in touch with God, 1 John 3:24
- He helps us to pray, Romans 8:26-27

When you walk in the Spirit, it's important to listen when He tells you what to do and what not to do. He can speak to our hearts and help us, because He knows what's best!

Activities

- **Hearing the Spirit**

How does God speak to people? Look at the references and phrases below. Fit the phrases which seem to fit the references.

Acts 21:1-4

Jeremiah 1:11-14

Acts 13:1-3

Matthew 4:1-11

Matthew 2:13

through the advice of friends

through something you see

during times of prayer or worship

through verses from the Bible

in a dream

- **Make or draw a kite**

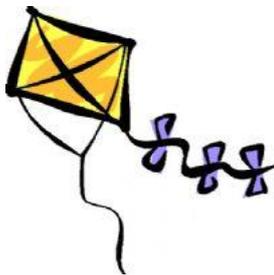
1) The cross-shape dowels are how you begin to build a kite and the CROSS is the beginning of the Christian life;

2) A tail to keep the kite stable in the wind - Christians have the Word of God, to keep them stable

3) A covering to catch the wind - Jesus covers all our sin (the things we've done wrong)

4) An anchored to something that won't blow away and we, as Christians have Jesus Christ as our anchor

5) kites need the wind to fly. The Holy Spirit is our helper to lift us up.



Prayer

Dear Father, thank you for sending your Holy Spirit to be our teacher and guide. Help us to listen and obey as he teaches us how to tell others about Jesus. Amen