

Armour of God – Helmet of Salvation

God has given you His whole armour, to protect you from head to toe. What have we looked at so far?

The belt of truth

The breastplate of righteousness

The Shoes of the gospel

The Shield of faith

This week let's look at the helmet of salvation.

Read Ephesians 6:11-17

Put on all of God's armour so that you will be able to stand safe against all strategies and tricks of Satan. For we are not fighting against people made of flesh and blood, but against persons without bodies—the evil rulers of the unseen world, those mighty satanic beings and great evil princes of darkness who rule this world; and against huge numbers of wicked spirits in the spirit world. So use every piece of God's armour to resist the enemy whenever he attacks, and when it is all over, you will still be standing up. But to do this, you will need the strong belt of truth and the breastplate of God's approval. Wear shoes that are able to speed you on as you preach the Good News of peace with God. In every battle you will need faith as your shield to stop the fiery arrows aimed at you by Satan. And you will need the helmet of salvation.

Game

Write the following letters on individual pieces of paper – S A L V A T I O N and mix them up, find out how quickly they can make the word.

What does Salvation mean? Deliverance from sin

Have a chat

Do you have a favourite hat?

Do you have a helmet? What do you wear it for? Bike, scooter, skateboard

How does a helmet protect your head?

What about other sports? Climbing, baseball, American football

What about jobs – who wear helmets? Builder, policeman, soldier

Why do they need to wear a helmet? Because it looks cool?, no because it protects your brain. Your brain is the control centre of your entire body; if you hurt your head, your brain may be damaged and therefore your body may not work correctly

It's important to keep your head safe because we use that for thinking.

What types of thoughts are good?

What types of thoughts are bad for you?

Have you ever had thoughts that make you feel sad?

How did you deal with them? Talk to a teacher, a friend, your mum or dad

So what is the helmet of salvation?

When God saves us, He gives us the helmet of salvation to protect our minds. If the devil can damage our minds—our thinking—he can defeat us.

The helmet of salvation makes us think before we do or say something we shouldn't.

Think about what salvation means to you and to act on it by doing the right things.

Song

Song to Heads, shoulders knees and toes

Sing it through , then remove one piece of armour at a time; last time sing it with all the armour back in and really fast

Now work on adding actions for each of the pieces of armour

Belt, breastplate, shoes and shield,

Helmet and sword,

Belt, breastplate, shoes and shield,

Helmet and sword,

This is the armour of our Lord,

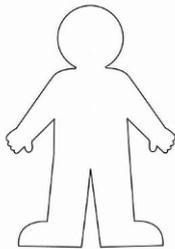
Belt, breastplate, shoes and shield,

Helmet and sword.

Craft

If you have a roll of spare wallpaper draw around someone and each week draw on a piece of God's armour

Or draw an outline like the one below and draw on the armour each week



Helmet of salvation

Make helmet with 3 strips of paper. Decorate the strips first. Wrap one strip around you head and secure with tape. Then the other two in an arch across the top.

Or

Draw a helmet and decorate



Prayer

Pray that God will help you remember that the armour is there and what it's used for so you can fight the bad with the good. We ask you to search our minds for any bad thoughts and to forgive us. Be with us and help us to keep our helmets of Salvation on. Amen